

2019-20 INTRAMURAL SCHEDULE

(Tentative)

1ST Season- Volleyball –September/Oct. – Mr. Pokela
Soccer - September/Oct. – Mr. Bender
Cross Country – August/Oct. – Mr. Rich

2ND Season- Basketball – October/Nov. - Mr. Pokela/Mr. Thyng
Tennis – October/Nov. – Mr. Proper
A.M. Conditioning/BB – Oct./Nov. – Mr. Pokela
Cheerleading – Nov.-Feb. – Ms. Clark/Ms. Mumm

3RD Season- Flag Football – Jan./Feb.- TBA
Track – January/Feb. - TBA
Golf - April - Mr. Proper
Swimming – February/March - TBA

** If you need additional information on any of the above Intramural Sports, please contact each individual coach or see Mr. Pokela in the gym, 561-989-7882.

E-mail address: kirk.pokela@palmbeachschools.org